

Text 28. Reincarnation II

(An text by Pastor T'Jampens)

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28.1. Epistemology for a brief overview

This is one of the principal memory or anamnesis methods. (Encausse , Lancelin , experimental view, apocalypticism)

Introduction : There are many descriptions of methods for recalling memories. One of the best overviews is *J.H. Brennan , *Five Keys to Past Lives** , *Wellingborough* , 1971-1; 1978-4. Reason: The author knows what occultism is. Therefore, a brief overview.

28.1.2. Indirect methods.

Another 'sees' in place of the one consulting.

1. The yes-no board (ouija) of spiritualists is a method: a medium, guided by a guiding spirit, receives insights regarding past lives (via 'entities').

Gerda Walther, Reincarnation und Parapsychologie , in Zeitschr . f. Religions - und Gesietsgeschichte , 1957: 2, pp. 191-199, points out the confusion that can arise between the memories of the deceased communicating and those of the person consulting them.

2. The mediumistic 'seeing' of a consultant's past lives, performed by, for example, a gifted clairvoyant or (psycho)therapist. As long as there is no verification regarding the consultant, one does not know whether what he 'sees' is correct. Everything depends on the accuracy of the 'seer' himself if he uses a contact object (psychometric). This will now be discussed briefly.

28.2.2. Direct methods.

These provide the interested party with a direct memory of their own past lives, without a mediumistic intermediary.

Mention can be made first of all the spontaneous memories of past existences noted by G. Walther, oc, 195, in a number of people: they have the

impression, suddenly, in a flash, of reliving experiences from past lives, and this with full awareness .

Two types of methodically acquired memories can be mentioned here: the hypnotic and the fully conscious.

(1) *The hypnotic, or self-hypnotic method*

This one is supported

a/ on shutting oneself off from the everyday world,

b/ in favour of a suggestion or manipulated 'sleep' (to the degree of 'deep trance or ecstasy') in which heightened attention to past existences evokes it.

1/ The criticism states that hypnotic sleep has a clouding effect and that the test subject experiences too little self-conscious reliving,

2/ She also claims that the fusion of the hypnotist with the hypnotized can lead to a mixing of the two series of past lives.

Sutphen (collective), Netherton (individual) incorporate hypnosis into their past lives. Therapy , mentioned above, applied, apparently with therapeutic result.

Helena Wambach, La vie avant la vie , Paris, 1979 (// *Life before Life*, New York, 1979) by USA psychologist .

(2) *Three methods*

a . Brennan mentions three methods which, however, on closer inspection, rather complement each other.

(2) a.1. *The symbol-contemplative method.*

This contemplative concentration, based on C.G. Jung, on symbols that are archetypal (which lie ready in the collective unconscious of us all like a pilot light), is primarily of energetic importance.

One pretends to exist without a body, indeed, without personality, purely and nothing more, and one directs that pure consciousness

1. on non-abstract symbols (the father, the mother, that madman, the old wise man, the slave, the sorcerer, the book of life, etc.) or

2. on abstract symbols (the circle, the number, the sun, the point, yin and yang, etc.). These symbols, once objects of contemplative attention, supply no material or fluid energy to the contemplator , which suddenly makes possible flashes of scenes he once experienced himself; just as one suddenly remembers a name one could not find at first.

(2) a.2 . The deep meditative method:

This rather Eastern contemplative attention, directed directly and from the outset at past lives,

1/ has redundancy (= superfluous) forms, such as those practiced by the Indian maharajis with their rather eccentric practices - nose-tip gazing, for example;

2/ it also has more efficient shapes

a) always choose the same place, time and seat; start by simply meditating, i.e. keep attention steadily focused on something,

b) once one is accustomed to meditating, read something about reincarnation to acquire a theoretical foundation, and then delve into past lives through meditation: flashes will come through, sooner or later.

(a) a.3. The Akashic memory:

'Akasha' is a Sanskrit word for 'book of life', i.e., the collection of all actual events of the universe, as these are recorded invisibly in the fine matter (called 'astral' matter, in a Theosophical term), which is omnipresent, in the universe, as in a fluid memory;

The meditator (see previous method) imagines this general source of information as an immeasurable library in which everything, including the meditator's past lives, is recorded; the meditator 'rummages' through it until flashes from past lives surface.

All clairvoyants looking to the past, when they 'see', draw from this source of information. It should be noted that

1) the symbol-contemplative method places the energetic substrate of 'seeing', 'remembering' in the foreground;

2) The deep meditator favors the introspection necessary to 'remember';

3) The Akashic or subtle-material is directed directly at the object of memory; they complement each other.

(2) b . The smooth (meditation-free) method

The smooth direct method. Cf. Denys Kelsey, Joan Grant, *Many Lifetimes* . (*Dutch: More than one life* , Deventer. Isola Pizani, *Mourir n' est pas Mourir* (*Mémoires des vies antérieures* , Paris, 1978.

Conclusion : There are real dangers to physical or mental health associated with memories of past lives. The three monotheistic religions (Judaism, Christianity, Islam) have clearly realized these risks. Therefore, they

have always viewed paranormal phenomena with suspicion and have banned reincarnation from the orthodox religion.

(1) Indeed, paranormal phenomena only occur when one possesses the necessary subtle energy (= fluid). Fluidly exhausted people

a) run the risk of harming themselves and making their earthly activities impossible due to a lack of that subtle ('astral') energy,

b) or they extract these from the objects, plants, animals, or fellow human beings, who then, in turn, begin to have an adverse effect.

(2) Memories of past lives—whether spontaneous or methodically sought—are particularly unfavorable, indeed disastrous, if, by chance, the event that appears in a flash, fluidly speaking, is stronger than the fluid potential that the remembering person has at the moment of the reclassification.

1. In previous lives, accidents of all kinds occurred (illnesses, injuries, enmities, etc.);

2. Earlier centuries, in particular, engaged much more in - black - magic (i.e., the unscrupulous use of subtle energy): reliving such events can be overwhelming, throwing one off the healthy balance.

Depth psychologists already warn against the unwanted breakthrough of unconscious or subconscious forces into the unprepared conscious soul life: memories of past lives most certainly belong to these unconscious and subconscious data.

Consequence: one must be 'psychically' strong (understood: from the perspective of personal energy potential) to be able to process 1. paranormal and 2. **in** particular - reincarnistic experiences and phenomena undamaged.

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